## Dear colleagues

It is my honor to submit to you my candidature for the Bureau of the Forum of Young Parliamentarians.

I am a firm believer that youth active participation in democracies are vital to strengthen parliaments and hence societies.

I have been involved in politics since my years as a student in college and then actively participating in the youth group of the political party I'm affiliated to.

I have and continue to do so in parliament actively defended mainly the challenges the youth face both in my country and all over the world to some extent, housing, low incomes, emigration and social protection in the future.

I believe the Forum of Young Parliamentarians is a strong platform to promote dialogue and opportunities to give voice to the youth of all member countries of IPU.

I am ready to work side by side with you uniting my voice, energy and hope to yours.

Sofia Matos